

6 QUESTIONS TO HELP YOU DEVELOP YOUR PERSONAL GUIDING PHILOSOPHY FOR GOLF

1. When you get up each morning what is the most consistent thought you have about your golf?

2. What guides your actions and decisions—especially the impulsive ones when you are competing on the golf course?

3. What is it that gives you the strongest sense of satisfaction after you play a good round of golf?

4. What feelings or emotions are undeniable whenever you think about your golf game?

5. Why are your beliefs about achieving success in golf important to you?

6. How does your philosophy about how you practice and play golf measure up to your higher standards or ideals?

Write out your personal guiding philosophy based on your answers above.
